

Sports Medicine

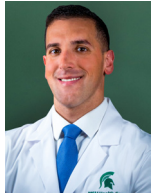
McLaren is proud to offer your patients the very best sports medicine health care. Our sports medicine services include diagnosis, treatment, and prevention of injuries related to sports or physical activity.

Physicians provide a wide range of medical and health-related services, including injury prevention, diagnosis, treatment, rehabilitation, and performance optimization.

- Casting/bracing/splinting
- Imaging
- Injury walk-in clinics
- Manual medicine
- Medications
- Physical/Occupational therapy
- Surgery



Joshua Goethals, DO



Toufic Jildeh, MD



Sheeba Joseph, MD



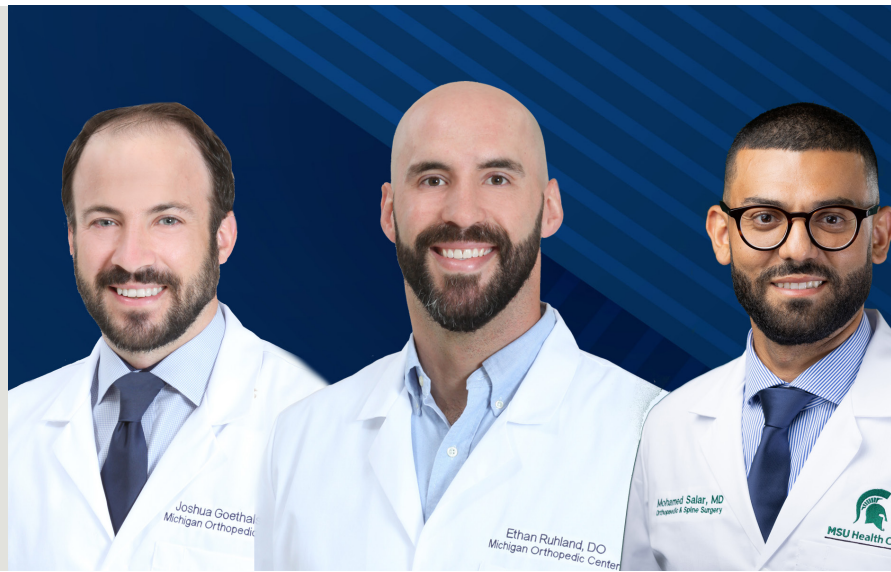
Micah Lissy, MD

WELCOME OUR NEW ORTHOPEDIC SURGEONS

Joshua Goethals, DO, Michigan Orthopedic Center

Ethan Ruhland, DO, Michigan Orthopedic Center

Mohamed Salar, MD, MSU Health Care



Hand/Wrist

Our orthopedic specialists provide comprehensive care for people with pain and problems of the hand, wrist, forearm, and elbow. In addition to diagnosis, conservative treatments are available. If these are not effective, hand and wrist orthopedic surgeons may also perform surgery to repair or reconstruct damaged tissue, or to replace joints that have been damaged by arthritis or other conditions. Surgical techniques may include open surgery or minimally invasive procedures, depending on the patient's condition and medical history.

- Carpal tunnel syndrome
- Trigger finger
- Tendonitis
- Hand injuries and fractures
- Wrist pain and fractures
- Tennis elbow
- Tendon injury
- Arthritis in the hand and wrist

ORTHOPEDIC SURGERY

Meet McLaren

At McLaren Greater Lansing, we are committed to delivering quality care to your patients and providing excellence in the treatment of orthopedic conditions from knee and hip pain to more serious conditions such as deteriorated joints, broken bones, and spinal deformities.

Michigan Orthopedic Center

3404 Patient Care Drive
Lansing, MI 48911
Phone: (517) 267-0200
Fax: (517) 267-1877

- Cochran, Jason, DO*
- Dorenkamp, Clay, DO*
- Goethals, Joshua, DO*
- Heisey, Meredith, DO*
- Mesko, Daniel, DO*
- Mesko, Wesley, MD*
- Noud, Patrick, MD*
- Ruhland, Ethan, DO*
- Swords, Michael, DO*
- Taunt, Charles, DO, FAOAO*
- Woods, Tammy, MD*

MSU Sports Medicine Clinic

4660 South Hagadorn Rd., Ste. 420
East Lansing, MI 48823
Phone: (517) 884-6100
Fax: (517) 884-6233

- Jildeh, Toufic, MD*
- Joseph, Sheeba, MD*
- Lissy, Micah, MD, MS, PT, ATC, CSCS*
- Mohamed, Salar, MD*

Compass Orthopedics

250 E. Saginaw
East Lansing, MI 48823
Phone: (517) 333-3777
Fax: (517) 203-3948

- Dunn, Karl, DPM

Great Lakes Hand Surgery Center

3945 Okemos Rd., Suite B4
Okemos, MI 48864
Phone: (517) 908-3360
Fax: (517) 908-3368

- Truluck, William, DO*

Katranji Hand Center

2111 Merritt Rd., #202
East Lansing, MI 48823
Phone: (517) 332-4263
Fax: (517) 332-1132

- Huettner, William, MD
- Katranji, Abdalmajid, MD

Steven L. Drayer, PLLC

1515 Lake Lansing Rd., Suite B1
Lansing, MI 48912
Phone: (517) 371-3407
Fax: (517) 371-1366

- Drayer, Steven, MD



GREATER LANSING

PLEASE NOTE: The physicians listed with an * participate in the McLaren Physician Partners High Performance Network. For more information please visit, www.mclaren.org/aco/mhpn-providers-aco.

Hip/Knee

Our hip and knee replacement orthopedic surgeons treat severe joint damage caused by arthritis or other conditions. During a hip or knee replacement surgery, the damaged parts of the joint are removed and replaced with an artificial joint made of metal, plastic, or ceramic components. The goal of the surgery is to relieve pain and restore function to the joint, allowing your patients to resume their normal activities. McLaren offers many tools that offer patients minimally invasive options for hip/knee surgery including the MAKO robot.

- Total knee replacement
- Total hip replacement
- Steroid injections
- ACL reconstruction
- Cartilage repair
- Partial meniscectomy
- Fracture treatment
- Bone density scans
- Osteoporosis screening
- Hip/knee revision surgery

MAKO ROBOTIC
SURGERY MAY
IMPROVE YOUR
PATIENTS' OUTCOMES
AND RECOVERY.



Surgeons Certified on the Mako Robot



Jason
Cochran, DO



Steven
Drayer, MD



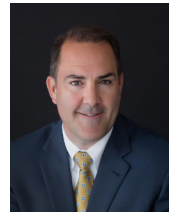
Daniel
Mesko, DO



Wesley
Mesko, MD



Ethan
Ruhland, DO

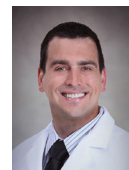


Charles J.
Taunt, DO

Spine

Our fellowship trained spine surgeons specialize in all aspects of surgical spinal care including the treatment of disk herniations, instability, fractures, tumors, scoliosis, and spinal stenosis. Most patients do not require surgery for spine problems and for those patients, recommendations will be made regarding medications, physical therapy, bracing, injections and/or alternative medical treatments.

- Lumbar fusion
- Cervical laminoplasty
- Laminectomy
- Lumbar disc microsurgery
- Nucleoplasty
- Vertebral augmentation
- Vertebral body replacement (VBR)
- Vertebroplasty



Clay
Dorenkamp, DO



Mohamed
Salar, MD



ACCORDING TO
GEORGETOWN
UNIVERSITY,
16 MILLION ADULTS
EXPERIENCE
PERSISTENT OR
CHRONIC BACK PAIN

Shoulder

Our shoulder orthopedic surgeons are trained to evaluate and treat a variety of shoulder conditions, including fractures, rotator cuff tears, labral tears, arthritis, and shoulder dislocations. These specialized surgeons are experts in shoulder repair and reconstruction so your patients can get back to doing the activities they love.

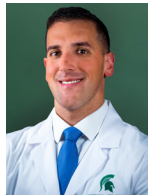
- Total shoulder replacement
- Injections
- Rotator cuff repair
- Tendon-to-bone insertion
- Shoulder resurfacing



Steven
Drayer, MD



Meredith
Heisey, DO



Toufic
Jildeh, MD



Sheeba
Joseph, MD



Micah
Lissy, MD



Patrick
Noud, MD

To learn more about our orthopedic services, visit:
mclaren.org/lansingorthopedics