

# ULTRASOUND DEPARTMENT - PELVIC

### What is Ultrasound?

It's the use of sound waves to "see" inside the body. Ultrasound is used for:

**Examination** - Ultrasound can be used to study any areas of the body or to help check the health of an unborn baby.

**Diagnosis** - Ultrasound can help diagnose many medical conditions, such as kidney disease, gallbladder disease, cancer, and blood clots.

### How does Ultrasound work?

- A transducer. A transducer is a small microphone-like device that is placed over the area being examined.
- Sound Waves. Sound waves pass harmlessly through the skin from the transducer. The sound waves bounce off from certain organs and tissues in the body. This creates "echoes."
- Echoes. Echoes are reflected back through the transducer making a picture.
- A television monitor. A television monitor shows images as the transducer converts the echoes to electrical signals. These moving images may be viewed immediately, and recorded or photographed for further study.

## For an Ultrasound exam the Technologist will:

- Have you change into a hospital gown.
- Position you on an exam table.
- Apply a gel or liquid to the skin of the area being examined to improve the quality of the images.
- Pass the transducer several times over the area being examined. Depending on your exam, you may have to stay still, change positions or hold your breath.
- Wash off the gel or liquid and has you get dressed.

## What is the prep for my ultrasound?

You must have a full bladder for the ultrasound.

If possible avoid emptying your bladder 1 hour prior to exam.

A transvaginal ultrasound may be performed to better "see" some areas of the pelvis. This requires a small, specially designed transducer to be inserted into the vagina.

### What if I have questions?

If you have any questions or concerns regarding your procedure, please call us at 975-6382. If you need to reschedule your appointment, please call our central scheduling office at 975-2695.