

# PAIN MANAGEMENT

Meet McLaren

Pain is a natural component of the healing process following illness, injury, or surgery. If it persists or is more intense than normally expected, it becomes its own condition and merits treatment. If ignored, or improperly treated or diagnosed, there can be a cycle of pain, depression, and inactivity. The Pain Management Center at McLaren Lapeer Region believes that with an accurate diagnosis, pain can often be eliminated or effectively managed, and quality of life can be vastly improved.

When a patient is referred to our clinic, our physician diagnoses pain through a systematic approach including a staff consultation, physical examination, diagnostic testing, psychological testing, and any other tests to determine the exact location and source of the pain. Once the source is diagnosed, the team uses a variety of innovative approaches.

We also offer opioid management consultation for providers interested in learning more on how to manage their patient's pain. Call the clinic to learn more.

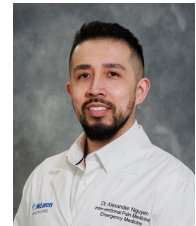
## PAIN THERAPIES INCLUDE:

- Sacroiliac joint injections
- Cervical epidural injections
- Lumbar epidural injection
- Spinal cord stimulation
- Reflex Sympathetic Dystrophy injections
- Back pain treatments
- Cervical, thoracic, and lumbar nerve ablations
- Injection therapy for knees, hips, shoulders, and other joints
- Trigger point injections
- Botox for chronic migraines
- Nerve blocks
- Pain psychology
- Physical Therapy

## CONTACT

McLaren Lapeer Region  
Pain Management Center  
1375 N. Main St.  
Lapeer, MI 48446

Tel: (810) 667-5574



**ALEXANDER  
NGUYEN, DO**

## HOW TO REFER:

Referrals can be sent directly from Cerner or visit [mclaren.org/lapeerpain](http://mclaren.org/lapeerpain) to fill out a referral form.



**ALEXANDRA  
RUKSTELO,  
DO, MPH, CPH**

## WHO CAN BENEFIT?

Patients who suffer from the following:

- Sacroiliac joint pain
- Back pain, both upper and lower
- Neck pain
- Joint pain
- Osteoarthritis
- Rheumatoid arthritis
- Headaches
- Pain caused by injury
- Chronic pain
- Diabetic Peripheral Neuropathy
- Failed Back Syndrome/Persistent Spinal Pain Syndrome
- Radicular Pain
- Complex Regional Pain Syndrome

For more service line information, visit [mclaren.org/lapeerpain](http://mclaren.org/lapeerpain)