

Wayne County

Community Resource Guide



Resources assembled by:



2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2022

Wayne
County
Community
Resource
Guide

[A guide to services in your community]

2022

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES 911

Children and Adult Protective Services (CPS)	(855) 444-3911
Children’s Center of Wayne County-Trauma therapy	(313) 831-5535
Common Ground Crisis Line	(800) 231-1127
Equality Michigan	(313) 537-7000
Faith Trust Institute	(206) 634-1903
HAVEN Crisis Line	(877) 922-1274
Love Is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Professional Outreach Counseling Services	(313) 292-7640
RAINN Hotline (sexual assault hotline)	(800) 656-4673
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention	(800) 273-8255
Victim Connect (stalking hotline)	(855) 484-2846
24-Hour Crisis	(800) 317-0708
The Guidance Center	(734) 785-7700
Wayne County Child Abuse Unit	(313) 224-5857

ADULT AGING SERVICES

AARP	(888) 687-2277
Area on Aging	(800) 858-1637
Detroit Area Agency on Aging	(313) 446-4444
HAP Senior Plus	(800) 868-3153
Matrix Human Services Center for Seniors	(313) 526-4000 Ext 1221
McLaren Home Care	(866) 323-5974
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program	(800) 803-7174
Social Security Administration	(800) 772-1213
The Senior Alliance	(800) 815-1112
Wayne County Senior Services	(800) 851-1454

Adult Day Services

Abundant Life Adult Day Program- Detroit	(313) 531-0262
Bradley Adult Day Care-Highland Park	(313) 281-6452
Caring Hearts Adult Day Care-Detroit	(313) 345-5400
Caring With Love Adult Daycare-Detroit	(313) 977-9642
CLW Adult Day Care Center-River Rouge	(313) 633-0853
G.O.A.L. Adult Day Care Inc-Detroit	(313) 342-8040
Great Memories Adult Daycare Service-Taylor	(734) 796-0454
It Takes a Village Adult Day Care-Detroit	(313) 369-5500
L&L Adult Day Care-Detroit	(313) 366-1100
Redford Adult Day Care	(313) 592-0310
Sac Adult Day Care Center-Detroit	(313) 270-2773
Sage Adult Daycare-Redford Charter Twp	(888) 473-2408

Adult Foster Care

American Heritage Adult Foster Care, Inc-Brownstown	(734) 284-4965
Arbor Manor Home-Redford Charter Twp	(313) 952-2619
Berry's Adult Foster Care-Detroit	(313) 579-1881
Better Life Residential Care-Dearborn Heights	(313) 561-4600
Bower's Adult Foster Care on East Grand-Highland Park	(313) 363-7018
Brown's Adult Foster Care-Livonia	(734) 522-5608
Crites Adult Foster Care-Detroit	(313) 833-8418
Downriver Adult Care-Allen Park	(313) 388-8231
E M Coleman's Adult Foster Care Home, Inc-Highland Park	(313) 392-0416
Heavenly Comfort Adult Foster Care-Detroit	(313) 307-0002
Kelly's Adult Foster Care-Detroit	(313) 865-2251
Latham Adult Foster Care-Detroit	(313) 925-3525
Making a Difference Adult Foster Care-Highland Park	(313) 865-9967
Spivey's Adult Foster Care-Detroit	(313) 255-1857

Alzheimer's & Dementia Support

Alzheimer's Association and Helpline	(800) 272-3900
Alzheimer's Support Group at Livonia Civic Park Senior Center	(734) 466-2555
Alzheimer's Support Group @ St. Michael's Episcopal Church-Grosse Pointe Woods	(313) 884-4820
Home Instead Alzheimer's and Dementia Care Services	(734) 525-5300
Livonia Department of	(734) 466-2555

Community Resources

Trinity Lutheran Church	(734) 282-5877
Caregiver Support Group	
Visiting Angels Detroit	(313) 272-8282
Visiting Angels Plymouth	(734) 661-2850

Assisted Living

Angel Gardens Assisted Living-Livonia	(734) 464-2772
Bickford of Canton	(734) 656-5580
Blessed Assisted Living-Garden City	(734) 564-9794
Crystal Creek Assisted Living-Canton	(734) 453-3203
Cunningham's Trenton Senior Assisted Living Facility-Trenton	(734) 775-6192
Elmcroft of Downriver-Brownstown Charter Twp.	(734) 288-7307
Falkirk Assisted Living Brownstown and Flat Rock	(734) 348-6006
Glen Abbey Assisted Living-Canton	(734) 981-9224
K&K Assisted Living-Detroit	(313) 931-3600
Michigan House Assisted Living-Riverview	(734) 283-6000
New Beginning Assisted Living-Detroit	(313) 870-9801
Passion and Caring Home for the Elderly-Detroit	(313) 923-0170
WellSpring Assisted Living Lenmoore Facility	(734) 325-7846
WellSpring Assisted Living Southworth Facility	(734) 259-8274
Williams Community Living	(313) 871-7542

ANIMAL SUPPORT

City of Detroit Animal Control	(313) 922-3647
Detroit Animal Care and Control	(313) 224-6356
Downriver Central Animal Control-Southgate	(734) 246-1328
Friends for Animals of Metro Detroit	(313) 943-2697
Friends of Michigan Animals Rescue	(734) 461-9458

Michigan Anti-Cruelty Society- (313) 891-7188
 Detroit
 Michigan Humane Society Detroit (866) 648-6263
 Michigan Humane Society (734) 721-7300
 Westland
 Wayne County Wildlife Animal (734) 619-8842
 Control Services

Animal Shelters

Brownstown Animal Shelter (734) 675-4008
 Flat Rock Animal Shelter (734) 790-5082
 Friends of Michigan Animal (734) 461-9458
 Rescue-Belleville
 Grosse Ile Animal Shelter (734) 469-7145
 River Rouge Animal Shelter (313) 205-1732
 Romulus Animal Shelter (734) 942-7591
 Shelter to Home-Wyandotte (734) 556-3135
 Taylor Animal Shelter (734) 374-1354
 Wayne Animal Shelter (734) 721-1643
 Woodhaven and Trenton Animal (734) 675-4956
 Shelter

City of Plymouth (734) 453-1234
 City of River Rouge City Clerk (313) 842-5604
 City of Riverview (734) 281-4201
 City of Rockwood City Hall (734) 379-9496
 City of Romulus (734) 942-7500
 City of Southgate (734) 258-3010
 City of Taylor (734) 287-6550
 City of Trenton (734) 675-6500
 City of Wayne City Hall (734) 22-2000
 City of Westland (734) 713-3888
 City of Woodhaven (734) 675-3000
 City of Wyandotte (734) 324-4500
 Garden City (734) 793-1600
 Grosse Ile Township (734) 676-4422
 Grosse Pointe Park City Clerk (313) 822-6200
 Huron Charter Township (734) 753-4466
 Plymouth Charter Township (734) 453-3840
 Redford Charter Township (313) 387-2700
 Township of Northville (248) 348-5800
 Township of Sumpter (734) 461-6201
 Van Buren Charter Township (734) 699-8900
 Wayne County 3rd Circuit Court (313) 224-0157

Detroit
 Wayne County 16th District Court (734) 466-2500
 Livonia
 Wayne County 17th District Court (313) 387-2790
 Redford
 Wayne County 18th District Court (734) 595-8720
 Westland
 Wayne County 19th District Court (313) 943-2060
 Dearborn
 Wayne County 20th District Court (313) 277-7480
 Dearborn Heights
 Wayne County 21st District Court (734) 793-1680
 Garden City
 Wayne County 22nd District (313) 277-8200
 Court Inkster
 Wayne County 23rd District Court (734) 374-1334
 Taylor
 Wayne County 24th District Court (313) 928-0535
 Allen Park
 Wayne County 25th District Court (313) 382-8603
 Lincoln Park
 Wayne County 27th District Court (734) 324-4475
 Wyandotte

COUNTY & CITY RESOURCES

Brownstown Charter Township (734) 365-0065
 Canton Township (734) 394-5100
 City of Allen Park (313) 928-1400
 City of Belleville (734) 697-9323
 City of Dearborn (313) 943-2000
 City of Dearborn Heights (313) 791-3400
 City of Detroit Mayor's Help (313) 224-3400
 Desk
 City of Ecorse (313) 386-2520
 City of Flat Rock City Clerk (734) 782-2455
 City of Gibraltar (734) 676-3900
 City of Grosse Pointe (313) 885-5800
 City of Grosse Pointe Farms (313) 885-6600
 City of Grosse Pointe Woods (313) 343-2440
 City of Hamtramck (313) 800-5233
 City of Harper Woods (313) 343-2500
 City of Highland Park (313) 252-0050
 City of Inkster (313) 563-4232
 City of Lincoln Park (313) 386-1800
 City of Livonia (734) 466-2200
 City of Melvindale (313) 429-1040

Wayne County 28th District Court Southgate (734) 258-3068
 Wayne County 29th District Court Wayne (734) 722-5220
 Wayne County 30th District Court Highland Park (313) 252-0300
 Wayne County 31st District Court Hamtramck (313) 800-5248
 Wayne County 32A District Court Harper Woods (313) 343-2590
 Wayne County 33rd District Court Woodhaven (734) 671-0201
 Wayne County 34th District Court Romulus (734) 941-4462
 Wayne County 35th District Court Plymouth (734) 459-4740
 Wayne County 36th District Court (313) 965-2200
 Wayne County Friend of the Court (844) 785-7593
 Wayne County Probate Court (313) 224-5706

DISABILITY & SPECIAL NEEDS

RESOURCES

Children’s Special Healthcare Services (800) 359-3722
 Detroit Wayne Integrated Health Network (313) 833-2500
 Disability Network of MI (800) 782-4160
 Disability Network Wayne County Detroit (313) 923-1655
 Lincoln Behavioral Services Livonia (734) 425-3777
 Lincoln Behavioral Services Redford (313) 562-8840
 Medicare/Medicaid Assistance Program (800) 803-7174
 Michigan Ability Partners Southgate (734) 246-5600
 Michigan Alliance for Families (800) 552-4821
 Michigan Commission for the Blind Vocational Rehabilitation (800) 292-4200
 Michigan Developmental (313) 577-2654

Disabilities Institute at Wayne State University (800) 257-4850
 Michigan Commission for the Deaf (313) 278-3040
 Services to Enhance Potential (STEP) (313) 278-3040
 The Arc Detroit (313) 831-0202
 The Arc Western Wayne County (734) 729-9100

EDUCATION & TRAINING

Dominican Literacy Center (313) 267-1000
 Golightly Career Tech Center (313) 822-8820
 Matrix Human Services Education Center (313) 526-4000 Ext 1221
 Mercy Education Project Detroit, Women’s Program (313) 963-5881
 Siena Literacy Center Detroit (313) 532-8404
 Wholistic Training Institute (313) 255-6155

Adult Programs

Adult Education Center Special Education Detroit (313) 579-7109
 Detroit Adult Education West (313) 852-1089
 Hamtramck Adult Education (313) 893-2214
 Northwest Adult Education Center (248) 555-1212
 SW Solutions Adult Learning Detroit (313) 451-8055
 Warren Woods Adult & Community Education (586) 439-4408
 Wayne County Community College Adult Education Program (313) 496-2731

College & Career Centers

College for Creative Studies Detroit, Focus on Art Education (313) 664-7400
 Detroit Baptist Theological Seminary Allen Park (313) 381-0111
 Detroit Business Institute-Downriver Riverview (734) 479-0660
 Detroit Institute of Music Education (313) 223-1600

Detroit School for Digital Technology	(313) 263-4200
Everest Institute Medical School, Dearborn	(313) 562-4228
Everest Institute Technical School, Detroit	(313) 567-5350
Henry Ford College Dearborn	(313) 845-9600
ITT Technical Institute Dearborn	(313) 278-5208
L'espirit Academy Canton and Royal Oak	(734) 762-0200
Madonna University Livonia	(734) 432-5300
MIAT College of Technology Canton	(800) 447-1310
P&A Scholars Beauty School Detroit	(313) 933-9393
Sacred Heart Major Seminary Detroit	(313) 883-8500
Schoolcraft College Livonia	(734) 462-4400
University of Detroit Mercy	(313) 993-1245
Wayne County Community College	(313) 496-2600
Wayne State University	(313) 577-2424

Childcare Centers & Preschools

Academic Gardens Preschool Plymouth	(734) 453-7744
Betty Boo Day Care Westland	(734) 326-8036
Childtime of Westland	(877) 220-0584
Crossroads Learning Center Detroit	(313) 368-7300
God's Kids Early Learning Center Grosse Pointe Park	(313) 821-8779
Grosse Pointe Nursery School	(313) 881-3460
Joyous Child Early Learning Wayne	(734) 641-6630
Learning Tree Child Care Center Livonia	(248) 986-8837
Lincoln Park Head Start Guidance Center	(313) 381-0976
Little Treasures Day Care Center Wayne	(734) 589-6576
Matrix Human Services Head Start	(313) 526-4000
Montessori Children's Center Allen Park	(313) 382-2777

Nanny's Nursery & Day Care Taylor	(313) 295-7188
Oakman Child Care Development Dearborn	(313) 791-7905
Southgate KinderCare	(734) 281-1111
Sunrise Day Care & Learning Center, Inc Detroit	(313) 283-7204

Libraries

3 rd Judicial Circuit Law Library Detroit	(313) 224-5265
Bryant Branch Library Dearborn	(313) 943-4091
Carl Sandburg Library Livonia	(248) 893-4010
Detroit Area Library Network	(313) 577-6789
Detroit Public Library Main	(313) 481-1300
Dunning-Hough Library Plymouth	(734) 453-0750
Esper Branch Library Dearborn	(313) 943-4096
Lincoln Park Library Plymouth District	(313) 381-0374 (734) 453-0750
Redford Township District Library	(313) 531-5960
Romulus Public Library Taylor Community Library	(734) 942-7589 (734) 287-4840
Wayne Public Library	(734) 721-7832
William P. Faust Public Library Westland	(734) 326-6123

School Districts

Clarenceville School District	(248) 919-0400
Dearborn Heights School District No. 7	(313) 203-1000
Detroit City School District	(313) 240-4377
Ecorse Public Schools	(313) 294-4750
Gibraltar School District	(734) 379-6350
Grosse Ile Township Schools	(734) 362-2555
Grosse Pointe Public Schools	(313) 432-3000
Harper Woods School District	(586) 209-2400
Livonia Public School District	(734) 744-2500

Melvindale-Northern Allen Park Schools	(313) 389-3312
Plymouth-Canton School District	(734) 416-2700
Redford Union School District	(313) 242-6000
River Rouge School District	(313) 297-9600
Romulus Community School District	(734) 532-1600
South Redford School District	(313) 535-4000
Taylor School District	(734) 374-1200
Trenton Public Schools	(734) 676-8600
Wayne-Westland Community School District	(734) 419-2000
Westwood Community School District	(313) 565-1900
Woodhaven-Brownstown School District	(734) 783-3300
Wyandotte Public Schools	(734) 759-6000

Youth Programs

Big Brothers Big Sisters of Metropolitan Detroit	(313) 309-0500
Boy Scouts of America Detroit	(313) 897-1765
Boys and Girls Club of SE Michigan Detroit	(313) 894-8500
Ennis Center for Children Detroit	(313) 342-2699
Matrix Youth Assistance Program	(313) 526-4000
Michigan College Access Network	(517) 316-1713
Southeast Michigan Community Alliance (SEMCA) Young Professionals Programs Taylor	(734) 229-3500
The Children's Center Detroit	(313) 831-5535
The Guidance Center Southgate	(734) 785-7700
The Youth Connection Detroit	(313) 826-7099
Wayne County 4-H: Detroit	(313) 494-4797
Wayne County 4-H: Wayne	(734) 721-6576
Wayne State University Community Engagement and K- 12 Outreach Office	(313) 577-8896
Youth Assistance Program Livonia	(734) 466-2670
Youth Assistance Program Plymouth	(734) 455-4095

Youth Assistance Program Westland	(734) 467-7904
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EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police **911**

American Red Cross	(800) 733-2767
City of Detroit Emergency Management	(313) 596-2590
Federal Emergency Management Agency (FEMA)	(800) 621-3362
Wayne County Emergency Management	(734) 942-5289

Law Enforcement

Allen Park Police Dept	(313) 386-7800
Belleville Police Dept	(734) 699-2710
Brownstown Police Dept	(734) 675-1300
Canton Township Police Dept	(734) 394-5400
Dearborn Police Dept	(313) 943-2240
Detroit Police Dept 5 th Precinct	(313) 596-5500
Ecorse Police Dept	(313) 381-0900
Flat Rock Police Dept	(734) 782-2496
Gibraltar Police Dept	(734) 676-1022
Grosse Pointe Police Dept	(313) 886-3200
Grosse Pointe Farms Police Dept	(313) 885-2100
Grosse Pointe Woods Public Safety	(313) 343-2400
Hamtramck Police Dept	(313) 800-5281
Harper Woods Police Dept	(313) 343-2530
Inkster Police Dept	(313) 563-9850
Highland Park Police Dept	(313) 852-7338
Lincoln Park Police Dept	(313) 381-1800
Livonia Police Dept	(734) 466-2470
Metro Airport Police	(734) 942-5212
Michigan State Police Metro South Post	(734) 287-5000
Northville Township Police Dept	(248) 349-9400
Redford Police Dept	(313) 387-2500
River Rouge Police Dept	(313) 842-8700
Riverview Police Dept	(734) 281-4222
Romulus Police Dept	(734) 941-8400
Southgate Police Dept	(734) 258-3060
Taylor Police Dept	(734) 374-1420
Trenton Emergency Operations	(734) 676-3737
Wayne County Sheriff's Office	(313) 224-2222

Wayne Police Dept (734) 721-1414
Woodhaven Police Dept (734) 676-7337

Liberty Tax Service (313) 254-3451
Lincoln Park
Liberty Tax Service (734) 672-3250
Woodhaven
Liberty Tax Service (313) 447-0472
Harper Woods

EMPLOYMENT ASSISTANCE

Center for Employment Opportunity (313) 752-0680
Central City Integrated Health Detroit (313) 831-3160
Detroit at Work Career Center (313) 962-9675
Michigan Works (800) 285-9675
Matrix Human Services (313) 526-4000 Ext 1236
Workforce Development Center
Pure Michigan Talent Connect www.mitalent.com
Southeast Michigan (734) 229-3500
Community Alliance (SEMCA) Michigan Works
Unemployment Office Hotline (866) 500-0017
Wayne Metropolitan (313) 388-9799
Community Action Agency

FINANCIAL ASSISTANCE

Focus Hope (313) 494-4600
Matrix Human Services (313) 526-4000
Community Financial Center Ext 1411
MIBridges and SER Program (888) 642-7434
MSHDA: Step Forward (866) 946-7432
Salvation Army (734) 453-5464
Society of St. Vincent De Paul in the Archdiocese of Detroit (877) 788-4623
Wayne Metropolitan Community Action Agency (313) 388-9799
Wayne State University School of Social Work (313) 577-4409

Tax Assistance

Briggs Tax Service (313) 884-2270
Liberty Tax Service www.libertytax.com
(313) 202-4413
Liberty Tax Service Detroit
Liberty Tax Service Taylor (734) 890-5930
Liberty Tax Service Dearborn (313) 429-1098

FITNESS, RECREATION & REHABILITATION

Anytime Fitness (313) 444-1175
Dearborn Heights
HYPE Recreation Center (734) 721-7400
Wayne
Planet Fitness www.planetfitness.com
Planet Fitness Dearborn (313) 789-5500
Planet Fitness Detroit (313) 775-1422
Planet Fitness Garden City (734) 742-5924
Planet Fitness Northville (248) 449-7634
Planet Fitness Plymouth (734) 392-7080
Planet Fitness Taylor (734) 947-9119
Planet Fitness Wayne (734) 486-1607
Planet Fitness Westland (734) 525-4800
Powerhouse Gym (313) 438-5888
Dearborn
Westland Fitness & Nutrition Center (734) 340-7556

Parks & Recreation

Beacon Park Detroit (313) 566-8250
Big Timber Playscape Woodhaven (734) 675-4926
Campus Martius Detroit (313) 566-8250
Central City Park Westland (734) 722-7620
Crowley Park Dearborn (313) 943-2000
Elizabeth Park Trenton (734) 675-8051
Heritage Park Canton (734) 394-5310
Hines Park Northville (734) 261-1990
Lower Huron Metropark Belleville (734) 697-9181
Plymouth Twp. Park Plymouth (734) 453-3567

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

All Saints Soup Kitchen and Food Pantry Detroit	(855) 882-2736
Bethlehem House	(313) 923-6435
Capuchin Services Center	(313) 925-1370
Cass Community Social Services	(313) 883-2277
Cheap Charlie Detroit	(313) 567-7788
Covenant Shelter	(313) 463-2000
Detroit Rescue Mission	(313) 993-6703
Downriver Community Food Pantry Wyandotte	(734) 281-6733
Focus: HOPE Food Distribution Center Detroit	(313) 494-4600
Friendship House	(313) 871-7443
Gleaners Food Bank	www.gcfb.org
Gleaners food Bank Detroit/Taylor	(313) 923-3535
Health Emergency Agencies	(313) 832- 3300
Helps on the way Dearborn Heights	(313) 908-7104
Matrix Human Services	(313) 962-5255
Matrix Human Services	(313) 962-5255
Matrix Human Services	(313) 962-5255
Neighborhood Legal Services	(313) 964-3310
Newpath Homeless Shelter	(313) 924-4141
Nourishing Gardens Food Bank Belleville	(734) 713-7715
Open Doors Ministries Canton	(734) 397-1777
Salvation Army	(313) 822-2800
Samaritas Family Center Westland	(734) 721-0590
Samaritas Family Center Westland	(734) 721-0590
Southwest Solutions	(313) 963-6601
St. Vincent de Paul Society	(313) 393-2930
THAW MI Human Services	(313) 361-7300
The Heat and Warmth Fund	(800) 866-8429
United Community Housing Coalition	(313) 963-3310

HEALTHCARE SERVICES

Centers for Disease Control	(800) 232-4636
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Clinics & Hospitals

Ascension St. John Hospital	(313) 343-4000
Beaumont	(313) 473-1000
Botsford	(248) 615-0777
Detroit Public Health STD Clinic	(313) 577-9100
DMC Children's	(313) 745-5437
DMC Receiving Hospital	(313) 745-3000
Garden City	(734) 458-3300
Henry Ford	(313) 640-1000
Hope Medical Clinic	(734) 710-6688
HUDA	(313) 865-8446
Karmanos	(800) 527-6266
Oakland Regional	(248) 423-5100
Oakwood Medical Center	(734) 697-9065
Planned Parenthood Health Center	(313) 831-7776
Select Specialty	(734) 246-5500
St. Mary	(734) 655-4800
Vibra Hospital	(313) 375-7075
Walter P Reuther	(734) 367-8400
Wayne County Health Community	(313) 871-1926
WCHC Wayne County Health Center	(734) 727-7101
Western Wayne Family Health Centers	(313) 561-5100

Dental Resources

Covenant Family Dental	(313) 554-3880
Destiny Dental	(313) 451-8304
Detroit Mercy Dental Center	(313) 494- 6700
Gusfa Dental Clinic	(313) 565-535
Hope Medical Clinic	(734) 710-6688
HUDA	(313) 865-8446
McAdoo Dental	(313)537-3800
My Detroit Dentist	(313) 871-1999
U of D Dental Clinic	(313) 745-3000
WCHC Wayne County Health Center	(734) 727-7101
Western Wayne Family Center	(313) 383-1897
Western Wayne Family	(313) 561-5100

Health Centers
Wyandotte Clinic for the (734) 365-3560
working uninsured

Hearing Assistance

Ear and Hearing (248) 727-2788
Ears In Balance (313) 295-4710
Hearing Life (734) 237-3836
Miracle Ear Hearing Aide (313) 254-4926
Wayne County Health Department (734) 727-7136
Wayne State University Audio Clinic (313) 577-0631

Medical Equipment & Loan Closets

ALS of Michigan Equipment loan (800) 882-5764
program for ALS and PLS
patients only
Binson's Medical Equipment (734) 421-2041

GiGi's Playhouse Support and (847) 885-6149
resources for children with
Down Syndrome
Hart Medical Equipment (313) 264-6003
Lucid Hearing Center (734) 281-8926
Medical equipment loan closets (517) 706-0348
in Michigan Muscular Dystrophy
Association Patients with
Neuromuscular Disease All
Michigan Counties
Miracle Ear Hearing Centers (734) 887-9496
Muscular Dystrophy Association (800) 572-1717
Paralyzed Veterans of America- (800) 638-6782
MI
Sunrise Medical Equipment (734) 722-0200
The National Federation of the (410) 659-9314
Blind
United Cerebral Palsy Michigan (800) 828-2714
Zounds Hearing Center (313) 436-5044

Mental Health & Counseling Services

Ascension Eastwood Behavioral (313) 343-7230
Health
Detroit Wayne Mental Health (313) 833-2500
Authority
Downriver Mental Health (734) 285-8282
HUDA (313) 865-8446
iAmerical Medical/Substance (313) 307-0088

Abuse/Behavioral Health
Matrix Human Services (313) 962-5255
Motor City Center for Hope (313) 694-3886
Problem Gambling Help-Line24- (800) 270-7117
hours, 7-days
Team Wellness Center (734) 324-8326
Wayne State University (313) 577-2840
Psychology Clinic
WCHC Wayne County Health (734) 727-7101
Center

Substance Abuse

CDC Hotline (800) 232-4636
iAmerical Medical/Substance (313) 307-0088
Abuse/Behavioral Health
Narcotics Anonymous (NA) (877) 338-1188
Hotline
Substance Abuse Hotline (800) 662-4357
Substance Use Treatment (800) 834-3393
Services-24-hours, 7-days-
referral to treatment
WCHC Wayne County Health (734) 727-7101
Center

Urgent Care

Advanced Urgent Care Dearborn (313) 582-0100
Beaumont Urgent Care Wayne (734) 589-1254
Best Urgent Care and (313) 948-3030
Telemedicine Redford Twp
Hamtramck Urgent Care (313) 556-9900
MI Urgent Care Grosse Pointe (313) 499-6000
Woods
Taylor Urgent Care (313) 768-5393

West Park Urgent Care Detroit (313) 438-0198
Westland Urgent Care (734) 578-0009
Wyandotte Urgent Care (734) 299-0712

Vision Assistance

Heritage Optical Center (313) 863-9581
HUDA (313) 865-8446
Kresge Eye Institute (313) 577-8900
Meijer Optical (734) 525-7311
Pearle Vision (313) 733-8002
SEEN Vision Care (313) 278-7336
SVS Vision Optical Centers (734) 728-5940
Vision Associates of Westland (734) 326-2160
Vision Without Limits (734) 981-5820

HOUSING ASSISTANCE

Detroit Health Department	(313)876-4000
Cass Community Social Services	(313) 883-2277
Central City Integrated Health	(313)831-3160
Pope Francis Center Detroit	(313)963-5134
St. Johns Community Center	(313)823-8323

Emergency Shelters & Warming Centers

Alternatives for Girls	(313)361-4000
Coalition on Temporary Shelter (COTS)	(313)831-3777
Convenient House Michigan	(313)463- 2000
Detroit Rescue Mission Ministries	(313) 993-6703
Jumaini Center Matrix Off the Streets	(313)285-1900
Neighborhood Services Organization	(313)832-3100
Operation Get Down	(313)921-9422
Ruth Ellis Center LGBT	(313)252-1950
Youth/Young Adults	
The Noah Project	(313)965-5422

Heating/Utility Assistance & Home

Repairs/Weatherization

CLEARCorps Detroit	(313)924-4000
Community Assistance Program	(313)834-6633
Consumers Energy	(800)477-5050
DTE Energy	(877) 477-4747
THAW Heat and Warmth Fund	(313)226-9465
United Way	(313)226-9200

Low Income Housing

Gratiot Woods Co-op	(800)593-3052
HUD-Field Office	(313)226-7900
Joy West Manor	(313)584-4957
Melvindale Housing Commission	(313)429-1095
Romulus Housing Commission	(734)729-5389

Wayne County	(833)742-1513
Emergency Rental Assistance	
Westland Housing	(734)595-0288
Whispering Willows	(800)593-3052

LEGAL ASSISTANCE

Children's Law Center	(734) 281-1900
Community Enterprise Clinic	(313) 593-0934
Community Legal Resources	(313) 962-3171
Criminal Defense Resource Center	(313) 256-9833
Detroit Free Legal Aid Clinic	(313) 833-0058
Freedom House	(313) 964-4320
Legal Aid and Defender Assoc	(313) 967-5555
Legal Aid Legal Service	(888) 733-1853
Legal Hotline for Michigan Seniors	(800) 347-5297
Neighborhood Legal Services MI	(313) 964-1975
Pediatric Advocacy Clinic	(734) 763-1358
Salvation Army of Eastern Michigan Legal Aid Clinic	(313) 361-6340
Sugar Law Center	(313) 933-4505
University Of Michigan Law School Child Advocacy Clinic	(734) 764-1358
West Side Mothers Welfare Rights Organization	(313) 964-3980

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line	(800) 275-1995
321-Grow Parent and Family Resources	(844) 321-4769
AAA Pregnancy Resource Center	(734) 425-8060
Care Net Pregnancy Center	(313) 243-1267
Counseling & Resource Center of Dearborn	(313) 359-1977
Detroit Parent Network	(313) 309-8100
Family Life Services Clinic and Pregnancy Center	(734) 434-3088
Great Start Collaboration	(734) 225-6616
Melvindale Crisis Pregnancy	(313) 382-5941
Planned Choices Women's Resource Center	(313) 382-5941

Pregnancy Aid (313) 882-1000
 Wayne County Online Parenting Classes
<https://mi.onlineparentingprograms.com/mi-wayne-coparenting-programs.html>

PRESCRIPTION ASSISTANCE

Elder Prescription Insurance Program (866) 747-5844
 Michigan Medicare/Medicaid Assistance Program-
 Mi Rx Discount Card for Patients without Drug
 Coverage (866) 755-6479
 Database of medication assistance programs
 LifeSource Direct (866) 340-4748
 Partnership for Prescription Assistance
www.pparx.org
 RxAssist www.rxassist.org

Pharmacies

Kroger ask pharmacist
 Meijer (select free prescriptions) ask pharmacist
 Target (\$4/ \$10 generics ask pharmacist
 program)
 Sam's Club (\$4/\$10 prescription ask pharmacist
 program)
 Wal-Mart (\$4/\$10 prescription ask pharmacist
 program)
 Walgreens ask pharmacist

SUPPORT GROUPS

ALS of Michigan (800) 882-5764
 Alzheimer's Association and Helpline (800)272-3900
 Area on Aging (800) 858-1637
 Common Ground Crisis Line (800) 231-1127
 Equality Michigan (313) 537-7000
 Haven Crisis Line (877) 922-1274
 Love is Respect Hotline (866) 331-9474
 Epilepsy Foundation of Michigan (800)377-6226
 Narcotics Anonymous 24/7 (800) 230-4085
 National Domestic & Sexual Violence Helpline (800) 799-7233
 National Human Trafficking Resource Center (888) 373-7888
 National Council on Alcoholism (800) 622-2255

and Drug Dependence (NCADD)
 Parkinson's (800) 852-9781
 Problem Gambling Help Line (800) 270-7117
 RAINN (Rape & Incest National Network) (800) 656-4673
 SEMCA (800) 686-6543
 Stop It Now! Hotline (888) 773-8368
 Substance Abuse Hotline (800) 662-4357
 Suicide Prevention (800) 273-8255
 WIC (800) 942-1636
 Women's Health Resource Line (800) 994-9662

TRANSPORTATION

Area on Aging (800) 858-1637
 Auto Safety Hotline (888) 327-4236
 Child Safety Seat Inspection (866) Seat-check
 Detroit Area Agency on Aging (313) 446-4444
 Transportation Program
 Detroit Department of Transportation (313) 933-1300
 Downriver Community Conference Transportation (734) 362-7029
 Karmano's Cancer Institute (800) 527-6266
 Road to Recovery – Free for patients to and from cancer treatment (800) 227-2345
 SEMCOG Alternative Commute Program (800) 961-3334
 Matrix Human Services
www.matrixhumanservices.org
 SMART Bus Smartbus.org
 Southeast Michigan Commuter Connect
www.commuterconnectmi.com/Public/Home
 Uber Health www.uber-health.com
 Veterans TOLL Free Numbers iris.custhelp.va.gov

TRIBAL SERVICES

Michigan Indian Legal Services (231) 947-0122
 Michigan Department of Civil Rights (517) 335-3165
 MDHHS Native American Affairs Office (517) 335-7782
 Michigan Indian Employment and (800) 591-8820

Training Services

Michigan Indian Tuition Wavier (517) 241-7748

U.S. Office of Indian Education (202) 260-3774

Michigan Urban Farming Initiative www.miufi.org

VETERANS AFFAIRS

Area on Aging (800) 858-1637

CHAMPVA (800) 733-8387

Health, Human & Veteran (313) 224-0810

Services – Wayne County

John D. Dingell VA Medical (313) 576-1000

Center

Michigan Veterans Affairs (800) 642-4838

Motor City Veteran's Village

www.motorcityveteransvillage.org

Paralyzed Veterans of America (800) 638-6782

Transportation to VA Hospital (734) 720-7855

VA Ann Arbor Healthcare System (800) 361-8387

VA Hosp. Travel Dept (800) 511-8056

Veteran's Crisis Line (800) 273-8255

Veterans Administration (800) 827-1000

Veterans Services Organization (313) 964-6595

Wayne County Veterans Affairs (313) 224-5045

VOLUNTEER OPPORTUNITIES

Alternatives for Girls (313) 361-4000

American Red Cross (800) 733-2767

Area on Aging (800) 858-1637

Community Action Network (734) 973-1183

Cots (313) 831-3777

FDDR Feeding Detroit (313) 544-6661

Focus Hope (313) 494-5500

Forgotten Harvest (248) 967-1500

Gleaners Community Food Bank (313) 923-3535

Ronald McDonald House (313) 745-5909

Senior Citizen Food Distribution (734) 326-5202

YouthWorks-Detroit (313) 831-1533

Food Bank Council of Michigan

www.fbmic.org/resources/find-a-food-bank

Matrix Human

Services www.matrixhumanservices.org

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits)</u> <u>Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.