

## FREE MONTHLY CLASS SERIES

# STROKE SUPPORT GROUP



## MEETINGS

Wednesdays  
3:30 – 5 P.M.

## LOCATION

Hospitality House at McLaren  
G-3170 Beecher Road  
Flint, MI 48532

*(or VIRTUALLY via the link below)*

The McLaren Stroke Network offers a free education and support program series for stroke patients, people at high risk of a stroke, family members of stroke patients, and the community. The first half of the meeting is reserved for the education series and any questions from the attendees to improve their knowledge of stroke, therapies and treatment, and prevention. The second half of the meeting is allocated for sharing and support for the survivors and their friends, family and caregivers.

The McLaren Stroke Network is pleased to provide access to stroke education and support series to as many stroke patients and caregivers in Michigan as possible by joining in person or virtually.

If you have any questions regarding support groups, please call the Neurosciences Coordinator at **(810) 342-5706**.

## 2025 STROKE EDUCATION & SUPPORT GROUP SCHEDULE

**JANUARY 1**  
NO MEETING

**JULY**  
NO MEETING

**FEBRUARY 5**  
Cooking demo  
with Amy Hughes/  
Lewis Strong

**AUGUST 6**  
Open discussion

**MARCH 5**  
Yoga/meditation  
with Dr. Wolf

**SEPTEMBER 3**  
COOKOUT

**APRIL 2**  
Open discussion

**OCTOBER 1**  
Stroke Question  
& Answer with  
Dr. Tummala

**MAY 7**  
Art therapy with  
Erin Simonetti

**NOVEMBER 5**  
Open discussion

**JUNE 4**  
Family and Friends

**DECEMBER 3**  
Holiday Event -  
Dining out

*\* NOTE: Subjects and speakers may change due to unforeseen circumstances.*

